

## Scientific Faculty

### **Dr. med. Kais Abu Nahleh**

ATOS Clinic Stuttgart, Germany

### **Dr. med. Sasan Adib, MHBA**

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### **Dr. med. Hassan Allouch, MBH, MSc.**

ATOS Clinic Stuttgart, Germany

### **PD Dr. med. Heinrich Boehm**

Zentralklinik Bad Berka, Germany

### **Prof. Dr. med. Hesham El-Saghir, MD**

Alexandria University, Egypt

### **Prof. Hani Mhaidli, MD**

Hospital Universitariode Gran Canaria, Las Palmas, Spain

### **Thierry Marnay, MD**

CCV Clinic (Centrede Chirurgie Vertébrale),  
Montpellier, France

### **Prof. Dr. med. Thomas Niemeyer**

Asklepios Clinic Wiesbaden, Germany

### **Ibrahim Obeid, MD, MSc.**

Medical University of Bordeaux, France

### **Prof. Dr. med. Karsten Schöller**

Wirbelsäulenthérapie am Rindermarkt,  
Munich, Germany

### **PD Dr. med. Matti Scholz**

ATOS Clinic Braunfels, Germany

### **Prof. Dr. med. Ehab Shiban, MHBA, MSc.**

Medical University of Lausitz – Carl Thiem,  
Cottbus, Germany

### **PD Dr. med. Per Trobisch**

Eifelklinik St. Brigida, Simmerath, Germany

### **PD Dr. med. Lennart Viezens**

Medical University Hamburg-Eppendorf, Germany

## Venue

FORUM Haus der Architektinnen und Architekten,  
“Saal Gego”, Danneckerstraße 54, 70182 Stuttgart

Parking is available in the public underground car park at the venue. For those arriving by public transport, please use the U-Bahn stop „Bopser (ATOS Klinik)“. Barrier-free access is available.

## Organized by

ATOS Klinik Stuttgart GmbH  
Hohenheimer Straße 91, 70184 Stuttgart, Germany

## Registration

- Admission: Free of charge
- Registration: Required
- Registration Deadline: May 30, 2026

Registration by email:

[info-ast@atos.de](mailto:info-ast@atos.de) or QR-Code



## Certification

8 CME credits (Category “B”) applied for at the Medical Association of Baden-Württemberg

## Accommodation, Hotel Recommendation ARCOTEL Camino Stuttgart

Heilbronner Straße 21, 70191 Stuttgart, Germany  
T +49 711 258 58 0

- 10 % discounted roomrate (limited contingent)
- Please mention “**Spine Congress Stuttgart**” when booking
- Subject to availability

## Exhibitors & Sponsor

We gratefully acknowledge the support of our sponsors:

- Medicon eG (5.000 €)
- Centinel Spine (5.000 €)
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- MedNet GmbH (2.000 €)

**ATOS** KLINIK  
STUTT GART

# 2ND SPINE CONGRESS STUTT GART

In collaboration with the International  
Lebanese Medical Association (ILMA)

## “Pros and Cons” in Spine Surgery

**Saturday, June 20, 2026**  
**09:00 – 17:30**

FORUM Haus der Architektinnen  
und Architekten, Stuttgart

## Greeting Message

It is our great pleasure to welcome you to the 2nd Spine Congress Stuttgart and to once again invite colleagues and friends from around the world to Stuttgart.

Spine surgery offers many paths that may lead to the same goal. Differences in schools of thought and surgical techniques do not necessarily imply that one approach is superior to another. Rather, they reflect the diversity, evolution, and ongoing debate that continue to drive progress in our field.

With a strong focus on pros and cons, this congress brings together high-level lectures by renowned international speakers and encourages lively, open discussions. We hope participants will critically reflect on both established and emerging concepts—and that some may discover new perspectives or even become convinced of the value of alternative methods.

We look forward to inspiring exchanges, constructive debate, and a stimulating scientific meeting.



Dr. med.  
Hassan Allouch, MBH, MSc.



Dr. med.  
Kais Abu Nahleh

# PROGRAMM

## 09:00 – 09:20 Opening

Martin von Hummel (CEO ATOS)

## 09:20 – 09:30 Welcome

Hassan Allouch

## Session 1 – SIJ Arthrodesis

**Chairman:** Hesham El-Saghir

09:30 – 09:50

**SIJ Arthrodesis: Deserves Broader**

**Indication:** Hassan Allouch

09:50 – 10:10

**SIJ Arthrodesis: A Critical View**

Sasan Adib

10:10 – 10:20

**Discussion**

## 10:20 – 10:45 Break

## Session 2 – Total Disc Replacement

**Chairman:** Heinrich Boehm

10:45 – 11:05

**Proven Effective Based on Biomechanical Principles**

Thierry Marnay

11:05 – 11:25

**A Biomechanical Promise Often Without Clinical Benefit**

Matti Scholz

11:25 – 11:35

**Discussion**

## Session 3 – Navigation and Robotic Spine Surgery

**Chairman:** Hani Mhaidli

11:35 – 11:55

**The New Standard**

Ehab Shiban

11:55 – 12:15

**Free-Hand Technique: Proven Over Time and Still Reliable**

Hesham El-Saghir

12:15 – 12:25

**Discussion**

## Keynote Lecture 1

**12:25 – 13:00 Need for a Change in Spine Surgeon Training?**

Hani Mhaidli

**13:00 – 14:00 Lunch Break**

## Session 4 – Vertebral Body Tethering

**Chairman:** Ibrahim Obeid

14:00 – 14:20

**First-Line Therapy in Selected Cases**

Per Trobisch

14:20 – 14:40

**Still Experimental Surgery**

Thomas Niemeyer

14:40 – 14:50

**Discussion**

## Keynote Lecture 2

**14:50 – 15:25 Three-Column Osteotomies: Two Decades of Experience, Pitfalls, and Essential Lessons**

Ibrahim Obeid

## 15:25 – 15:50 Break

## Session 5 – Anterior Access to the Spine

**Chairman:** Thierry Marnay

15:50 – 16:10

**A Core Competency for Spine Surgeons**

Heinrich Boehm

16:10 – 16:30

**Why Choose It When Posterior Access Is Often Sufficient?**

Lenart Viezens

16:30 – 16:40

**Discussion**

## Session 6 – Endoscopy in Spine Surgery

**Chairman:** Ehab Shiban

16:40 – 17:00

**From Trend to Standard of Care**

Karsten Schöller

17:00 – 17:20

**More Fashion Than Function**

Kais Abu Nahleh

17:20 – 17:30

**Discussion**

**17:30**

**Closing – End of Congress**